Travel and Emergency Resources for Education Abroad Students

Pre-Departure Checklist

☐ Be sure your passport and visa(s) are current. Your passport should not expire less than six months after you will return.
☐ Visit a travel health clinic such as the MSU Travel Clinic: http://travelclinic.msu.edu for advice on significant/chronic health conditions, updating immunizations, and bringing medication/prescriptions abroad.
☐ Complete the “SpartansAbroad” pre-departure orientation on D2L.
☐ Review your International SOS international health insurance coverage before departure and locate your insurance card – which you should receive from your program director or the Office of Education Abroad – which contains MSU membership information.
☐ Download the International SOS app at app.internationalsos.com in your phone’s web browser or by searching “International SOS” in the App/Google Play store.
☐ Enroll in STEP – Smart Travelers Enrollment Program: https://step.state.gov/step/. Non-U.S. citizens - check if your local embassy/consulate offers a similar service.
☐ Make two copies of all important documents being carried.
☐ Printable pre-departure checklist and “In Case of Emergency” wallet card: https://goo.gl/b75KYp

Safety Tips While Traveling

☐ Maintain a high level of vigilance and always travel with a buddy or a group.
☐ Alcohol consumption impairs judgement so consume legally and responsibly.
☐ Minimize time spent in large crowds remain aware of exits when inside buildings.
☐ Regularly monitor local and international media to increase awareness of local events.
☐ Heed the advice of local authorities and your host institution or program leadership.
☐ Do not participate in protests or demonstrations even those with peaceful intentions.
☐ Program important contact numbers – like the MSU 24/7 International Emergency Assistance Line – into your mobile phone.

Office of International Health and Safety (OIHS)
OIHS supports the health, safety, and security of all MSU international travelers. We can offer travel safety guidance and are available 24/7 respond to crises. If you have any questions or concerns do not hesitate to contact:
Maureen Handrahan, Coordinator, International Health and Safety
Tel. 517-884-9419
Email: handraha@msu.edu
Webpage: www.oihs.isp.msu.edu

Emergency Contacts
24/7 MSU International Emergency Assistance Line: +1-517-353-3784
24/7 International SOS Assistance Line: 215-942-8478
*For immediate assistance, contact your destination local emergency number (911 equivalent)

Resources
International SOS: Internationalsos.com
How To Call Abroad: http://www.howtocallabroad.com